



Lavare le mani

Una scheda che riassume i passaggi di un'attività che i bambini dovrebbero imparare a compiere in autonomia, per quanto possibile. Appendila in bagno in prossimità del lavandino che userà il bambino.

Etichette

A scuola ci sono tanti contenitori che servono a tenere in ordine i materiali. Come chiunque, anche i bambini possono ritrovare più facilmente e in autonomia le cose se possono essere guidati da etichette chiare e semplici. Ritaglia e applica sui contenitori.

Come mi sento

Questa scheda aiuta i bambini a discriminare fra le loro emozioni e stimola la riflessione. Può essere usata da tutta la classe per una discussione collettiva e come base per definire stati d'animo diversi.

Informazioni su di me

Quando un bambino inizia una nuova scuola, in genere desidera condividere alcune informazioni semplici su sè stesso, sulla sua famiglia, sui suoi amici ... Prepara col bambino questa scheda prima di iniziare la scuola o i primi giorni e ricordagli di portarla con sè. Sarà una buona base di dialogo.

Classifica

In preparazione dell'inizio della scuola, riprendiamo con un'attività semplice che introduce il bambino agli sforzi di apprendimento che si appresta ad affrontare.

Prepara la merenda

Per prepararsi al primo giorno di scuola in modo rassicurante può essere piacevole e divertente preparare la merenda da fare al ritorno a casa dopo il primo giorno di scuola.



Lavare le mani

1



Apri il rubinetto

2



Bagna le mani

3



Aggiungi il sapone

4



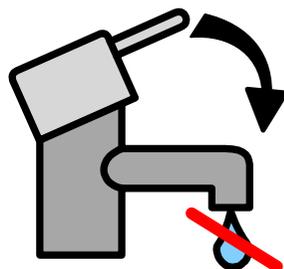
Sfrega le mani

5



Sciacqua le mani

6



Chiudi il rubinetto

7

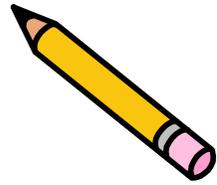


Asciuga le mani

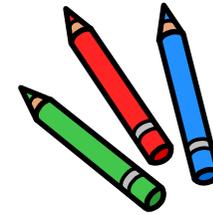
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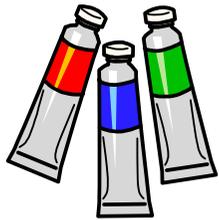
Getta la salvietta



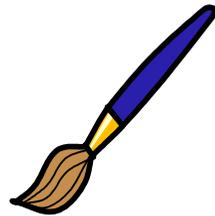
MATITE



COLORI



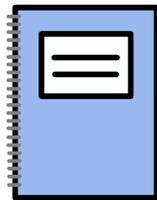
TEMPERE



PENNELLI



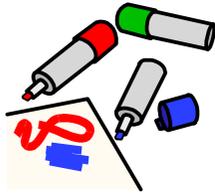
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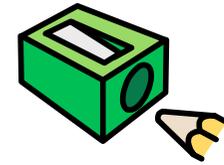
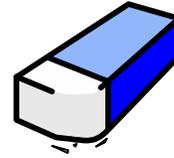
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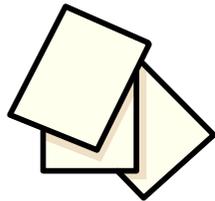
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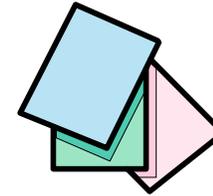
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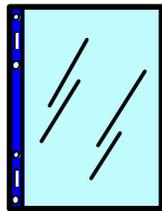
GOMME TEMPERINI



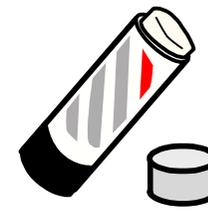
FOGLI BIANCHI



FOGLI COLORATI



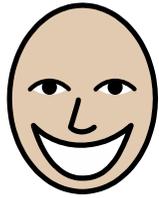
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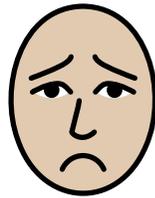
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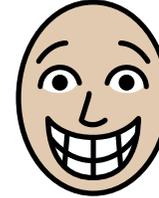
Come mi sento



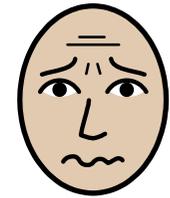
CONTENTO



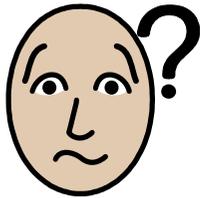
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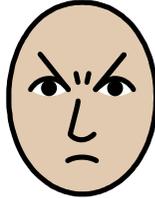
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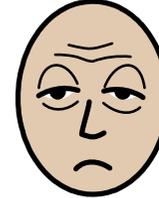
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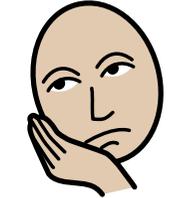
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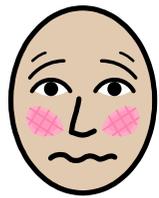
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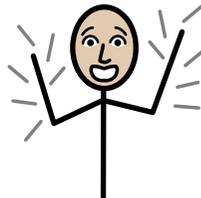
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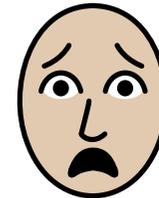
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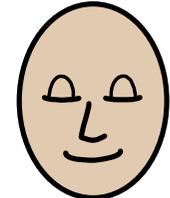
IMBARAZZATO



AGITATO



SPAVENTATO



TRANQUILLO



INFORMAZIONI SU DI ME



IL MIO NOME



LA MIA



FOTO



IL MIO COMPLEANNO



Informazioni su di me



LA MIA FAMIGLIA



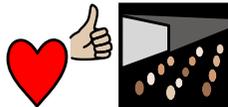
I MIEI AMICI



I MIEI ANIMALI



I MIEI COLORI PREFERITI



IL MIO FILM PREFERITO



IL MIO CIBO PREFERITO

CLASSIFICA INCOLLANDO
LE TESSERE NELLE CASELLE



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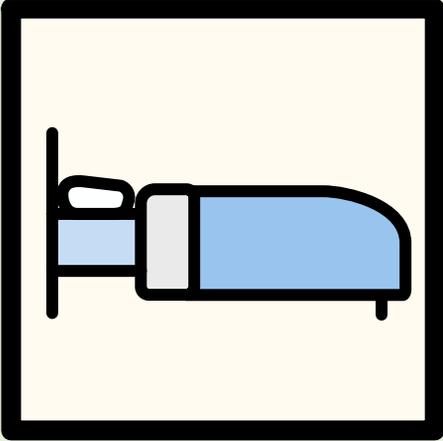
CLASSIFICA INCOLLANDO
LE TESSERE NELLE CASELLE



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CLASSIFICA INCOLLANDO
LE TESSERE NELLE CASELLE



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CLASSIFICA INCOLLANDO
LE TESSERE NELLE CASELLE



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| | A SCUOLA | | |
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CLASSIFICA INCOLLANDO
LE TESSERE NELLE CASELLE



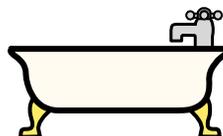
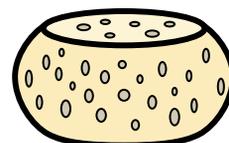
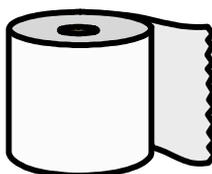
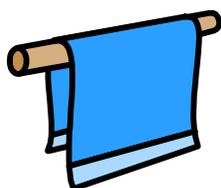
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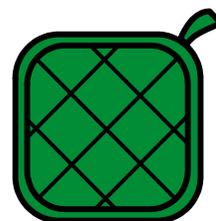
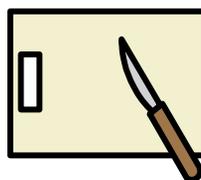
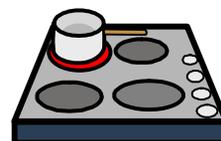
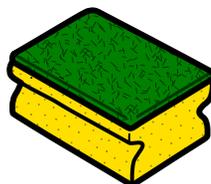
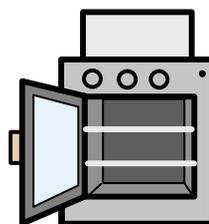
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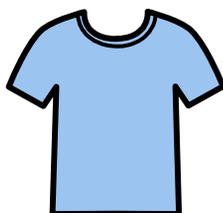
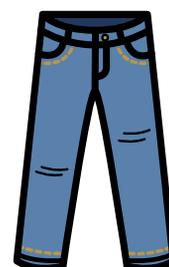
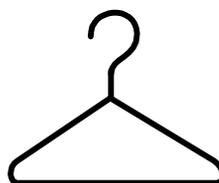
CLASSIFICA INCOLLANDO
LE TESSERE NELLE CASELLE

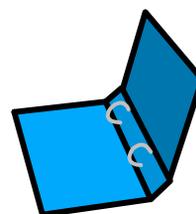
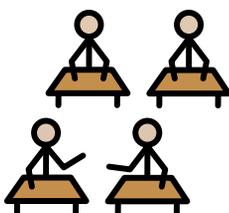
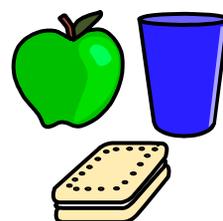
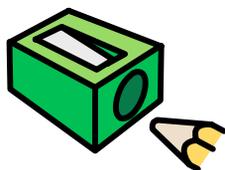
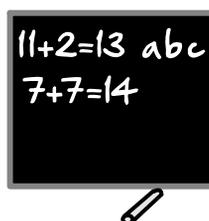
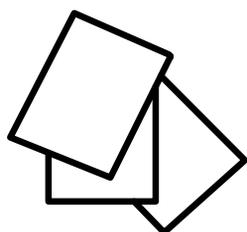
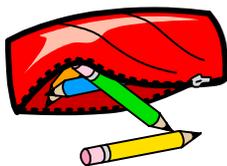


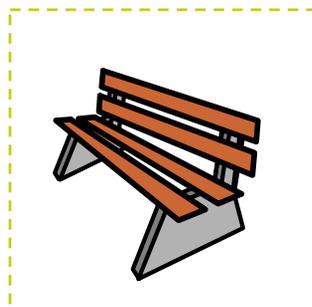
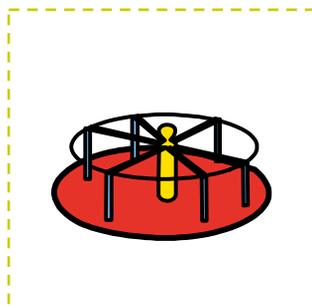
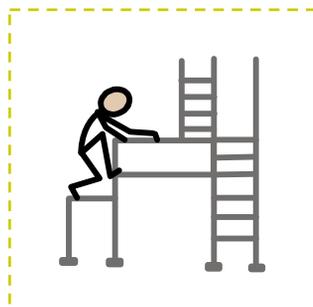
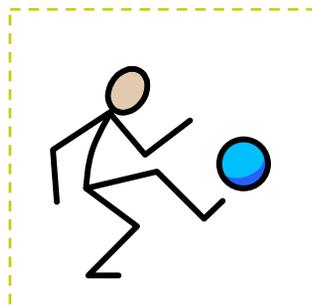
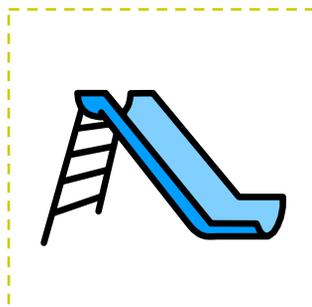
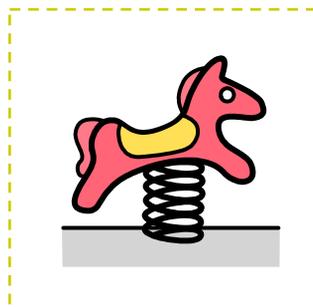
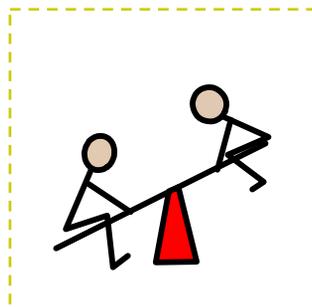
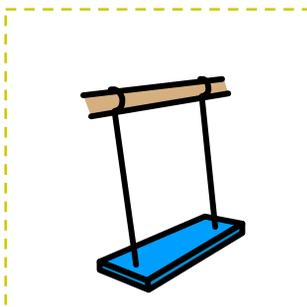
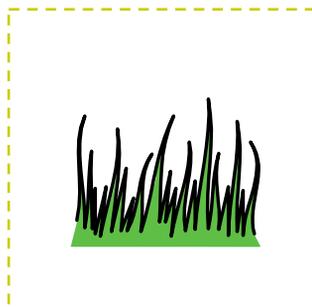
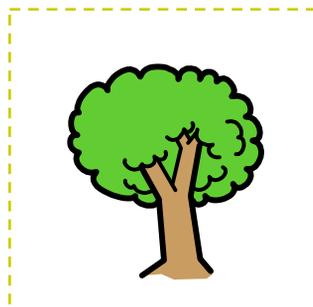
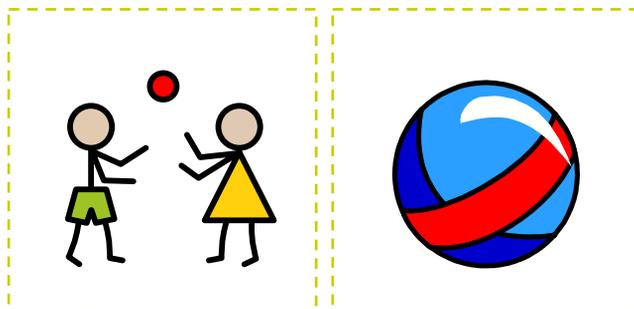
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| | <p>AL SUPERMECATO</p> | | |
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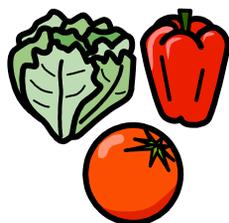
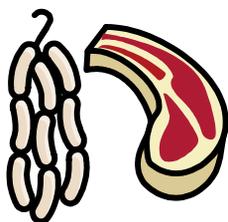
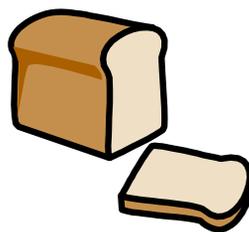








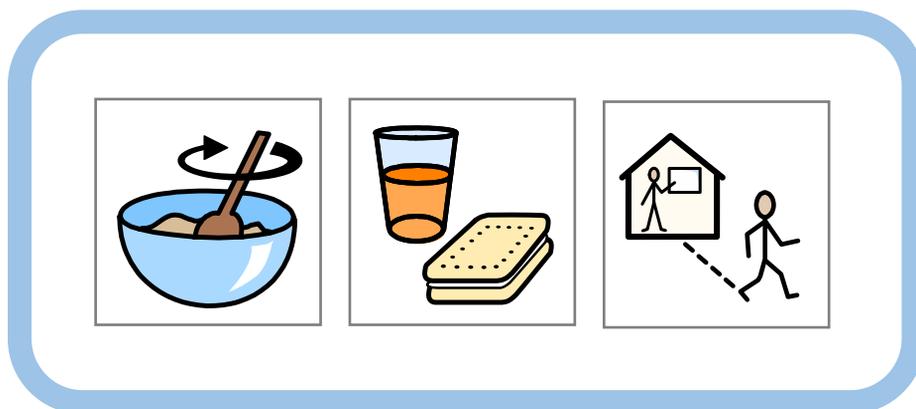




Primo giorno di scuola

Prepara la merenda

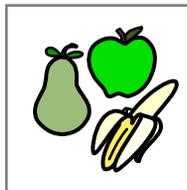
PER QUANDO TORNERAI A CASA



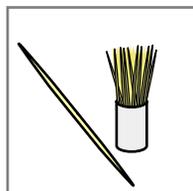
SPIEDINI DI FRUTTA AL CIOCCOLATO



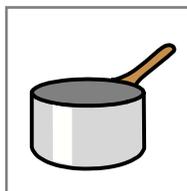
50 grammi di cioccolato fondente



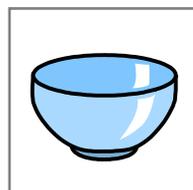
Frutta preferita



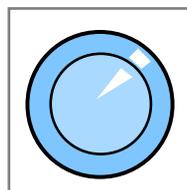
Bastoncini da spiedini



Pentolino

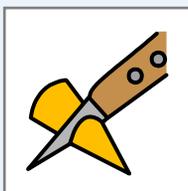
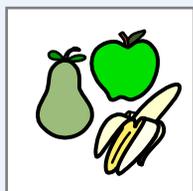


Ciotola di ceramica



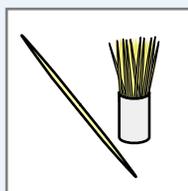
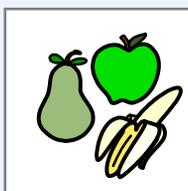
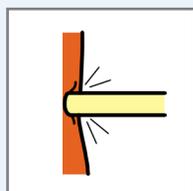
Piatto

1



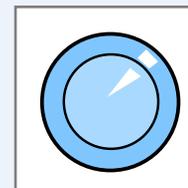
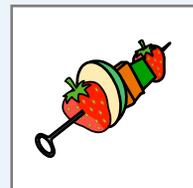
Prendi la frutta e tagliala a pezzi

2



Infila la frutta nei bastoncini

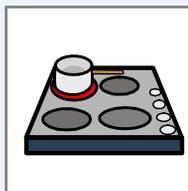
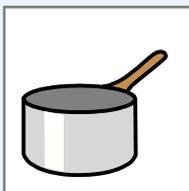
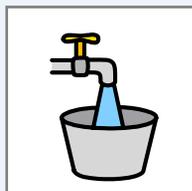
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Appoggia gli spiedini su un piatto

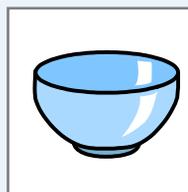
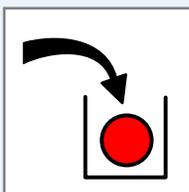


4



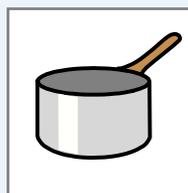
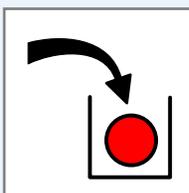
Riempi un pentolino con due dita d'acqua e mettilo sul fornello

5



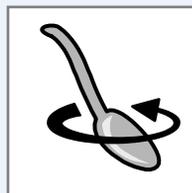
Rompi il cioccolato e mettilo in una ciotola

6



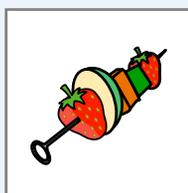
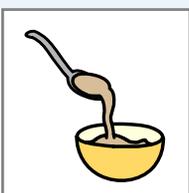
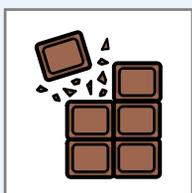
Metti la ciotola nel pentolino

7



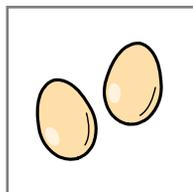
Mescola il cioccolato finchè sarà sciolto e toglilo dal fuoco

8

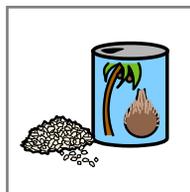


Versa il cioccolato sugli spiedini

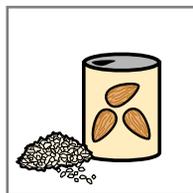
Puoi conservare gli spiedini in frigorifero per domani



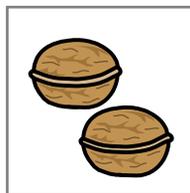
2 uova



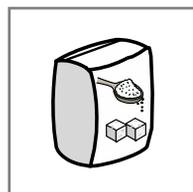
50 grammi di farina di cocco + 30 grammi per decorare



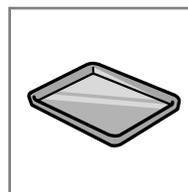
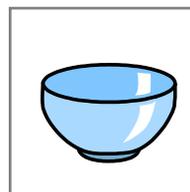
50 grammi di farina di mandorle



100 grammi di noci

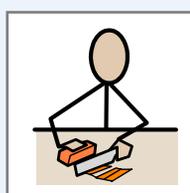
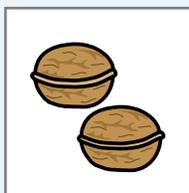


50 grammi di zucchero



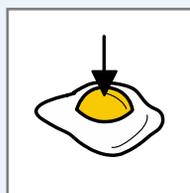
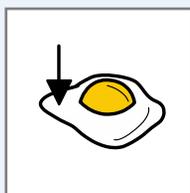
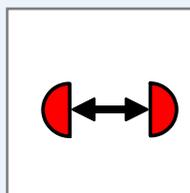
Ciotola e teglia da forno

1



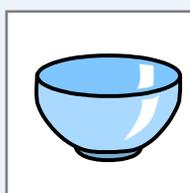
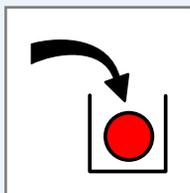
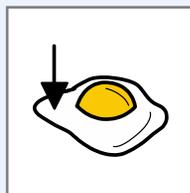
Rompi le noci e taglia i gherigli a pezzetti

2



Separa tuorli e albumi

3



Metti gli albumi in una ciotola (userai i tuorli per altro)

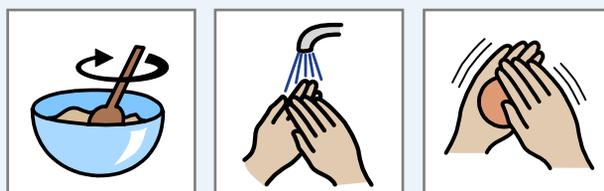


4



Aggiungi la farina di cocco, di mandorle, le noci tritate e lo zucchero nella ciotola e mescola.

5



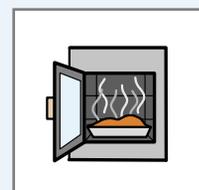
Mescola, bagna le mani e forma delle palline

6



Metti le palline in una teglia

7



Cuoci a 180° per 15 minuti

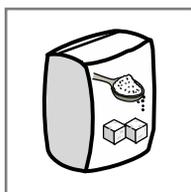
8



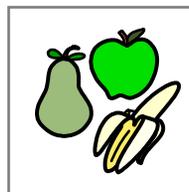
Cospargi le palline con la noce di cocco



Latte



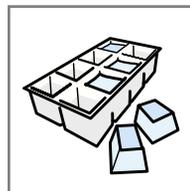
Zucchero



Frutta preferita

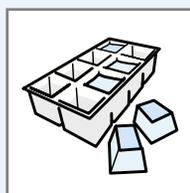
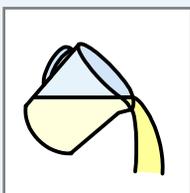


Frullatore



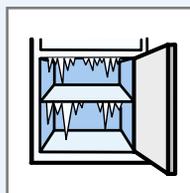
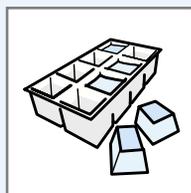
Stampo da ghiaccio

1



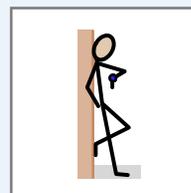
Versa il latte nello stampo da ghiaccio

2

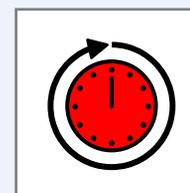


Metti lo stampo col latte nel congelatore

3

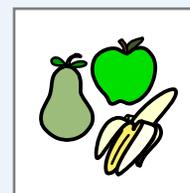
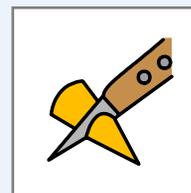


3



Aspetta 3 ore

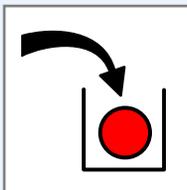
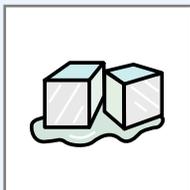
4



Taglia la frutta a pezzi

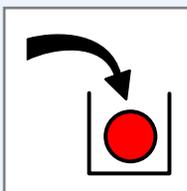
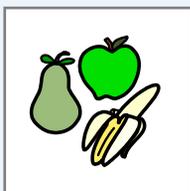


5



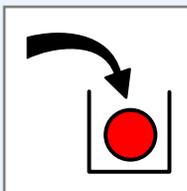
Metti i cubetti di latte congelato nel frullatore

6



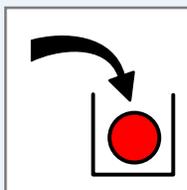
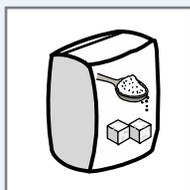
Aggiungi la frutta tagliata

7



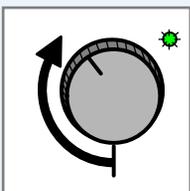
Aggiungi un po' di latte freddo

8



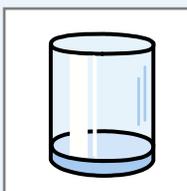
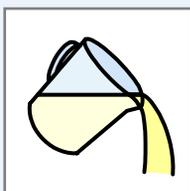
Aggiungi un po' di zucchero

9



Aziona il frullatore e lascialo girare finchè il composto sarà omogeneo

10



Versa nel bicchiere e bevi